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# **INSTRUMENT**

## **Work place Assessment Post-Orientation on Use of the MCH Handbook**



# **Buku KIA**

**Ministry of Health, Republic of Indonesia  
in cooperation with  
Japan International Cooperation Agency  
2008**

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# **INSTRUMENT**

## **POST MCH HANDBOOK ORIENTATION EVALUATION TO HEALTH PROVIDER AT SERVICE SITE**



MCH Handbook

Ministry of Health Republic of Indonesia  
in collaboration with  
Japan International Cooperation Agency  
2008



PRACTICE  
UTILIZATION OF MCH HANDBOOK  
IN MATERNAL AND CHILD HEALTH SERVICES

**CONTENT**

1. Instruction on the use of evaluation instrument
2. Post Orientation Questionnaire
  - a. Questionnaire form
  - b. Key Answer sheeth
3. Skill assessment of the use of MCH Handbook
4. Evaluator Note/Memo



## **INSTRUCTION ON HOW TO USE OF THE INSTRUMENT**

Post orientation knowledge, skill and behavior evaluation is expected to demonstrate improved skill and knowledge with changed of behavior implementing performance improvement of using MCH Handbook in MCH service by the participants

Ideally, behavior changed such as increase of confidence and understanding of the important of using MCH Handbook as tool in an integrated MCH services should be continuously observe through self evaluation, by supervisor or peer who also attended MCH Handbook orientation in ensuring keeping the new performance to achieve quality service using the standard practice such as in MCH Handbook.

Knowledge assessment instrument used here is a questionnaire which is similar to the mid-orientation questionnaire with the assumption that after of such a period of time of providing service with new performance using MCH Handbook, at least level of knowledge retained should be as much as their gaining at the end of the orientation if not more. And the satisfactory result should be not less than 80% correct.

This questionnaire is given at the beginning of evaluation activity in the field, complete with the name of the participant, collected and to be analyzed by facilitators.

Skill evaluation instrument contains checklist of the use of MCH Handbook in service through observation. Due to many standard physical examination performed during the activity, only MCH Handbook use related procedures to be documented. Evaluation include physical examination of the MCH Handbook itself of the completeness, standard note used, comments, and other verification deemed fit at the particular time.

During conducting evaluation, evaluator is only allowed to observed from a reasonable distance. Do NOT talk discuss or comment when the participant providing service at the facility. Any question only allowed at the end of the consultation or the client had left the room. Questioning the client may be allowed after the consultation is over at place outside of the consultation room.



## POST ORIENTATION QUESTIONNAIRE

**Instruction:** Only one correct answer for every statement bellowed. Circle the letter indicate the correct statement which is the correct answer

### WHAT IS MCH HANDBOOK

1. Objective of the maternal and child health program is:
  - a. Mother informal education
  - b. To train cadre to be able to give maternal and child health services
  - c. Attracting community to visit health facility
  - d. Increase family self-care on keeping the health of mother and children
2. One MCH Handbook is for:
  - a. A pregnant woman
  - b. A baby/child
  - c. A mother and a baby
  - d. One family
3. Maternal and child health information in MCH Handbook is exclusively to be read by::
  - a. Mother only
  - b. Mother, her husband and other family members
  - c. Health provider
  - d. Cadre
4. Expalining including treatment on maternal and child health problem is given by:
  - a. Cadre
  - b. Health Provider
  - c. Community Leader
  - d. Spouse
5. Mother should always bring along the MCH Handbook everytime seeking services at:
  - a. Puskesmas
  - b. Private midwife/doctor practice
  - c. Hospital
  - d. All health facilities

### BENEFIT OF MCH HANDBOOK

6. Benefit of MCH Handbook is:
  - a. A maternal and child health recording and monitoring tool of
  - b. Mother and her child is having complete health record since pregnancy until the child reach age of five years.
  - c. Communication and counselling tool equipped with important information for mother
  - d. Early detection tool for maternal and child health problem or disturbance



7. MCH Handbook as Communications and counselling tool for mother, family and community contains:
  - a. Health, Nutrition and MCH service standard
  - b. Health, MCH emergency treatment
  - c. Health, normal pregnancy, safe and clean delivery
  - d. Health, Child intelligence and intellectual
8. MCH Handbook used to detect early on:
  - a. Non-quality MCH services
  - b. Problem of having MCH services at health facility
  - c. Abnormality on process of Pregnancy and Delivery
  - d. Maternal and Child Health problem
9. Nutrition, maternal and child health record including referral are found in:
  - a. Health Card (KMS)
  - b. Maternal and Baby Cohort
  - c. Antenatal Card
  - d. MCH Handbook
10. MCH Handbook is used to documented and monitored:
  - a. Maternal and Child Health
  - b. Maternal, family and community health
  - c. Mother and her husband health
  - d. Health providers within health facility

## HOW TO USE MCH HANDBOOK

11. MCH Handbook used by mother and family:
  - a. as secret information for mother
  - b. to be read by mother and kept by cadre
  - c. as birth certificate
  - d. to follow advised given in the book
12. Simple but important message for mother on MCH Handbook:
  - a. always bring the book everytime seeking health service from health provider
  - b. not to loose it by keeping in the tightly lock safety box
  - c. ask only services mentioned in the book
  - d. to read the information on managing emergency obstetric during delivery, postpartum and newborn care.
13. The use of MCH Handbook by cadre:
  - a. as counselling tool and encourage community to come and use the health facility
  - b. to train traditional birth attendance to provide MCH services
  - c. to refer mother/child to hospital after examination
  - d. as an evidence that mother is not compliance with the message given in the book and should be punished

14. Cadre's role of using MCH handbook is:
  - a. Distributing MCH Handbook to all level of community
  - b. To assist and accompany family/community to get quality MCH services
  - c. To use MCH handbook as community education tool
  - d. To check MCH handbook and find those family which have not using the book
15. Use of MCH Handbook by health provider:
  - a. Health provider documenting any message of MCH Handbook which is not done by mother
  - b. To understand, health provider should read MCH Handbook and Technical Guide Book
  - c. Health provider should not link MCH handbook with other health services.
  - d. As referral document to hospital everytime mother or family ask or seeking explanation.

#### INFORMATION ON MATERNAL HEALTH

16. Following statement is advisable for pregnant women:
  - a. To have early and regular antenatal check up
  - b. Weighing for everytime meet providers
  - c. Tetanus toxoid Vaccine should always be given
  - d. Ask for additional nutrition formula for better health
17. During pregnancy:
  - a. Bathing as much as possible to avoid body smell
  - b. Brushing teeth regularly to keep the teeth shining and glow
  - c. More rest and less work in order to ensuring the fetal growth
  - d. Allow husband and wife sexual relationship, if there is no contra indication
18. Adequate food during pregnancy:
  - a. Nutritious food according to the People Welfare Department
  - b. To improve appetite, encourage mother to take more cake, ice cream, salad and durian
  - c. No food restriction
  - d. Eat as before
19. Danger sign specifically in pregnancy:
  - a. Discharging "show" from birth canal
  - b. Bilateral leg swelling
  - c. Vomiting
  - d. Headache with seizure
20. High fever in pregnancy can:
  - a. Cause death among family
  - b. Prevent spontaneous abortion
  - c. Warming the fetus at room temperature
  - d. Cause premature delivery

21. One of preparedness for mother's delivery is:
  - a. Delivery plan by trained health providers
  - b. Transport schedule which is passing mother's house
  - c. Getting Blood Bank address, in case needed
  - d. Borrow neighbour's money when in labor
22. Sign of labor::
  - a. Sudden abdominal cramp
  - b. Blood discharged from birth canal
  - c. Regular uterine contraction which is more frequent and stronger
  - d. Frequent to toilet
23. During early delivery process, mother is:
  - a. not allowed to eat, drink or walk
  - b. to bear down for every contraction
  - c. to go to toilet everytime having urgency to beardown
  - d. to ask provider for any doubt
24. Danger signs in labor:
  - a. Baby is not delivered within 12 hours since the onset of labor
  - b. Mucous mixed with blood from vagina
  - c. Mother refuse to beardown
  - d. No leaking liquor
25. Postpartum mother should do:
  - a. Give breast feeding only after baby had been cleaned and bath
  - b. Breast fed baby regularly every 4 hour
  - c. that the care of her newborn only by midwife/nurses or traditional attendant
  - d. have postpartum follow up by provider at least 3 times during postpartum period
26. Keeping postpartum mother healthy:
  - a. Eat nutritious food twice than usual
  - b. Take high dose Vitamin A once a day during postpartum
  - c. Take high ferrous tablet once a day
  - d. Adequate rest and drink plenty of water
27. Danger sign of postpartum mother:
  - a. Brownish discharge from vagina 10 days after delivery
  - b. Breast engorgement and no milk out
  - c. Suffers mental illness
  - d. Uterine involuted pain
28. Unusually present in postpartum mother:
  - a. Clear, non-smelly vagina discharge
  - b. Mild Fever
  - c. Light leg swelling
  - d. Bleeding per vagina

29. Post partum contraception is necessary for mother:
- To avoid being scolded by midwife, nurse or doctor
  - To return the body shape immediately
  - Spacing the pregnancy
  - To stop breast milk in avoiding possibility of breast engorgement
30. Men contraception is:
- Contraceptive pill
  - Vasectomy
  - Implant
  - Injection

## INFORMATION ON CHILD HEALTH

31. Sign of unhealthy baby is:
- Birth weight more than 4.0 kg
  - Immediately cry after birth
  - Active movement
  - Reddish body coloured
32. Mother's breast milk for newborn:
- Give only after the newborn body temperature is stable (usually after 2 hours)
  - Give regular breast milk every 4 hours
  - Exclusive breast feeding means adding other formula to breast feeding
  - First drops of breast milk contains antibody
33. Keep the baby warm:
- Bath baby immediately after birth to clean the baby before wrapped with clean cloth
  - Put the baby at the windy area for fresh air
  - Dry the baby by hold it nakedly closed to mother
  - For weight less than 2500 gram, embrassed baby with skin to skin contact on mother chest (Kangoro method)
34. Infection prevention in the newborn:
- Give routine antibiotic to newborn
  - Wrapped cord stump with cloth wet with antiseptik solution
  - Give antitetanus immunization within 7 days after birth
  - Give antibiotic eye ointment at birth
35. Following is a healthy newborn:
- Refuse feeding
  - Fitting
  - Have been examined by midwife/nurse/doctor at least twice and found no abnormality
  - Yellowish sclerae

36. Healthy Under-Five Children::
  - a. Child development along the green tape in Health Card every month
  - b. Growth and skill increase everyday
  - c. Never talk, but active, happy and playaround
  - d. Obese
37. BCG immunization given at the age:
  - a. at birth
  - b. 1 month
  - c. 2 month
  - d. 3 month
38. Vitamin A for under five children:
  - a. Not available in posyandu
  - b. Stronger bone, body and prevent diseases
  - c. Taken everyday between birth until 5 tahun
  - d. Available in capsule form
39. Important to do to under five children:
  - a. Regular health check up weekly
  - b. Hair shampooing two-three times daily
  - c. Always use pampers to allow children pass out stool in the pampers
  - d. Away from smoke
40. Important information for mother/family about under five children sickness:
  - a. Common illness are cough, diarrhea, fever, body ache and skin lesion
  - b. Danger sign of under five children sickness are refused feeding, vomiting, convulsion
  - d. The children should immediately bring to health facility when having mild cough and fever
  - e. Bring the child only during specialist consultation time at the health facility

#### MONITORING AND EDUCATION ON THE USE OF MCH HANDBOOK

41. Educate mother to always use MCH Handbook.
  - a. Always ask and remind mother of MCH Handbook to bring the book everytime seeking treatment
  - b. Gathered mother at home and give lecture on MCH Handbook
  - c. Ask mother to go back if not bringing MCH Handbook
  - d. Fine mother if loosed or did not bring the book
42. Educate cadre to always help mother to use MCH Handbook
  - a. Ensuring cadre read and fill up MCH Handbook, encourage to form maternity group
  - b. Fundung cadre to accompany mother wherever they goi
  - c. Train cadre to explain MCH Handbook toother
  - d. Provide room for cadre to examine pregnant women

43. In MCH Handbook filling up rate less than 60%:
- Improve provider's performance
  - Educate mother and family to read and write
  - Prepare cadre to help filling up MCH Handbook
  - Print more MCH handbook
44. Evaluation of mother's compliance is for:
- Quality evaluation of the use of MCH Handbook
  - Assess mother's discipline
  - Assess health provider influenced to mother
  - Evaluate the number of mother who have MCH Handbook
45. If mother compliance rate of bringing MCH Handbook less than 80%:
- Less than 80% mothers are discipline
  - Cadre and provider need more effort to convince mother
  - Need more MCH Handbook
  - Mother showing disrespect to provider

## **KEY ANSWER**

### **WHAT IS MCH HANDBOOK**

1. d
2. b
3. b
4. b
5. d

### **BENEFIT OF MCH HANDBOOK**

6. b
7. a
8. d
9. d
10. a

### **USE OF MCH HANDBOOK**

11. d
12. a
13. a
14. b
15. b

### **INFORMATION ON MATERNAL HEALTH**

16. d
17. d
18. c
19. d
20. d
21. a
22. c
23. d
24. a
25. d
26. d
27. c
28. d
29. c
30. b

### **INFORMATION OF CHILD HEALTH**

31. a
32. d
33. d
34. d
35. c
36. a
37. b
38. d
39. d
40. b

### **MONITORING AND EDUCATION OF THE USE OF MCH HANDBOOK**

41. a
42. a
43. a
44. a
45. b



## EVALUATION CHECKLIST USE OF MCH HANDBOOK AT SERVICE

(To be filled in by **EVALUATOR**)

- ☒ **Need improvement:** Incorrect steps/activities and inconsecutively done or missed a step.
- ☒ **Competent:** Correct steps/activities and consecutively done, but inaccurate and need reminder or assistance from facilitator for a small matter.
- ☐ **N/A Not Applicable:** Step or activity is not related to the purpose of the use of MCH Handbook

**NAME OF PROVIDER:** \_\_\_\_\_  
\_\_\_\_\_:

**EVALUATION DATE**

DESCRIPTION	OBSERVATION				
	I	II	III	I V	V
1. Great mother/child					
2. Display kindness and politeness					
3. Using mother/child name					
4. Explain clearly the objective and benefit of using MCH handbook					
5. Describe how to read MCH Handbook					
6. Describe sections of MCH Handbook					
7. Complete registration section					
8. Complete family identification					
9. Able to calculate expected date of delivery (EDD)					
10. Able to calculate expected date of delivery (EDD) without knowing the first day of the last normal menstrual period (LNMP)					
11. Complete delivery note					
12. Complete referral information					
13. Complete the feedback referral information					
14. Complete birth notification					
15. Complete child identification					
14. Complete postpartum note					

16. Complete postnatal mother condition					
17. Complete newborn condition					
18. Complete neonatal examination note					
19. Complete vaccination note					
20. Providing counseling and giving vitamin A					
21. Explain and time record of explanation on child growth stimulation					
22. Complete disease and growth problem document					
23. Complete document with clear, readable and clean writing					
24. Complete document according to filling up instruction and using signs accordingly					
25. Allow mother and family to ask any related matter					
26. Advice mother to put a mark on the section after completed reading with pencil/pen					
27. Friendly reminder to mother to bring MCH Handbook in every visit or consultation with health providers					
28. Friendly reminder to keep the book properly					
29. Return the book to mother politely and orderly					
30. Thanking mother/family for cooperating					

COMMENTS/MEMO/NOTES:

## NOTES