



MCH Handbook Orientation Package for MCH Cadres and Supporter

MCH cadres/supporters play an important role in advocating families and a community to obtain mother and child health service. The role is getting more demanded especially in a difficult geographical area and in a low socio-economic community which is beyond the direct reach of health officers to mothers or under five children. The study shows that the contribution of MCH cadres/supporters is very meaningful in the efforts of increasing the health of mother and child.



In the MCH priority program, the MCH handbook becomes the instrument for counseling and recording the health of mother and child in integrated way. In order to increase the scope and knowledge of families and a community related to the health of mother and child through the use of the MCH book, MCH cadres/supporters orientation for the implementation of the MCH handbook is needed. For the implementation of good orientation, it is necessary to refer to this orientation

The MCH Handbook Orientation Package for MCH cadres and supporters consists of:

1. Mother and Child Health Handbook (MCH Handbook)
2. MCH handbook Orientation Guidance for MCH cadres/supporters
3. MCH handbook Brochures for Cadres



Tips on MCH handbook Orientation Package for MCH cadres and supporters

Objectives of MCH handbook Orientation

General Objective: Participants of the orientation is able to make advocacy to families and the community in order to get mother and child health service.

Specific Objectives: To make Participants of the orientation able to:

1. Understand the content of MCH handbook
2. Understanding and conducting their role or their duty in using the MCH handbook



Participants and Facilitators of MCH handbook Orientation



Participants: MCH Cadres and supporters (women's organization leaders, youths, social leaders, etc.), in order to support their efforts in increasing mother and child health.

Facilitators: In general, health personnel that are responsible for the area in the field of mother and child health.

The proportion between facilitator and participants is maximum one facilitator for 15 participants.

Materials for MCH handbook Orientation

1. MCH Book and participation of cadres in the use of MCH handbook
2. Maternal Health
3. Child health
4. Counseling and Communication Techniques
5. Recording in MCH handbook



MCH handbook Orientation Method

Adult education method, that includes among others:

- Presentation by using the illustration of pictures, matching cards, games and other teaching aids that involve participants (illustrative and participative)
- Group Discussions
- Tasking
- Role play, etc.
- In the implementation of orientation, facilitators can use the local language depending on the condition of the participants.

Schedule of MCH Handbook Orientation

The preparation of orientation schedule shall be conducted in a flexible way. It takes about 12 hours. It can also be conducted on topic base with a week break per session.

MCH handbook Orientation can stand alone or be mixed with the activities of MCH cadres or supporters. For instance, it is mixed with similar activities of other programs, such as; it is annexed to the orientation or training of alert village, family planning, nutrition training, immunization training, or other inter-sector training related to cadres like other family welfare training (PKK). In case of urgency, cadre orientation in MCH handbook can also be set up separately. After the orientation advocacy can be conducted continuously.

Development Process of Orientation Package of MCH handbook to MCH Cadres and Supporters



Rapat finalisasi pengembangan Paket Orientasi oleh Kelompok Kerja (18 Feb '08, Jakarta)

The orientation package of MCH handbook is developed by a working group consisting of members of related sub-directorates in the Ministry of Health of the Republic of Indonesia, the Provincial Health Office of West Java, related professional organizations and Family Welfare Organization (PKK). It was then followed up by the activity in the use of the package in Garut District (West Java) in January 2008. Some inputs were received and adjusted for the betterment of the orientation package in line with the needs and implementation in the field. During the meeting of the working group on February 18, 2008, there was an agreement about the final result of the orientation package of MCH handbook to cadres and supporters.



Implementation of Orientation Package of MCH handbook

The Province of West Java, especially Garut District, is one of the places that become a model for the activities of MCH handbook project phase II. In order to increase the role of MCH cadres and supporters in the use of MCH handbook, the District Health Office of Garut in collaboration with UNICEF and JICA conducted MCH handbook orientation. The participants of the orientation consist of representatives of posyandu, PKK and community leaders.